



DAYS Blue Dolphins YMCA Swim Team

Register Online - www.defianceswim.com

First Practice: September 25, 2022

Polarpalooza Invitational: December 2, 2023 (Required for all swimmers on our team and ALL PARENTS MUST VOLUNTEER)

Advanced Swimmers Practice 4:30-6pm Monday - Friday

Beginning Swimmers Practice 5pm-6pm Monday - Friday

*Swim Practices are flexible for those with busy schedules! Your swimmer does not need to swim all five days, but please encourage them to come to practice as much as they can.

*Our coaching staff will determine what practice is best for your swimmer.

Cost: \$250 per swimmer (There is a discount for families with three or more swimmers. If you have three or more swimmers in your family, please email defianceswim@gmail.com for discount rates)

High School Swimmers: \$100

FULL PAYMENT due October 9th, 2023

** If you need financial assistance, please email defianceswim@gmail.com

** Payments must be made with a credit/debit card on Sports Engine.

Coaches:

Head Coach: Nicole English

Assistant Coaches: Radek Smolik (Smolda), Nick Rath, Jake Miller, and Hailey Becker

Parent Board:

President - Amanda Zimmerman

Vice President - Robyn Tressler

Treasurer - Lacey Maxson

Secretary - Dena Shafer

Team Apparel: Online apparel orders will be open September 7th through September 29th. A link will be available on our team website/facebook/remind.

More information: <https://www.defianceswim.com>

Email: defianceswim@gmail.com

****Join our Remind Text Stream to get team updates!**

** Find us on Facebook: [DAYS Swim](#)
[Parents Forum](#)

